

LGCS Policy	Sun Safe Policy					
Approved by	LAC	Issue Date	October 24	Review Date	October 26	
Audience	Trustees		Staff	✓	Pupils	✓
	Local Academy Council	✓	Parents	✓	General Public	✓

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. There is potential for Nurseries and Schools to help prevent skin cancer in future generations because:

- Nurseries/ Schools can play a significant role in changing behaviours through role modelling and education from an early age.
- Children and staff are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Skin cancer is largely preventable through behaviour modification and sun protection during early years.

The main elements of this policy are:

- Partnership: working with parents/ guardians, staff and the wider community to reinforce awareness about sun safety and promote a healthy school.
- Education: learning about sun safety to increase knowledge and influence behaviour.
- Protection: providing an environment that enables children and staff to stay safe in the sun.

PARTNERSHIP

- Sun safety will be promoted through working with parents, staff, and the wider community to improve our understanding and provision to avoid harmful effects of too much exposure to ultraviolet light (UV).
- Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing and sunscreen.

EDUCATION

- Parents and guardians will be asked through letters/ newsletters to support this policy by encouraging their children to adopt the Slip, Slop, Slap message and act as role models.
- Children will be taught the 'Slip, Slop, Slap' song which will help them to remember the Safe Sun message.

PROTECTION

Shade:

- The playground has shade provided by the school building, trees and, structures for use during outdoor play.
- Children will be encouraged to use the shaded areas during playtimes when appropriate.

Clothing:

- The children will be encouraged to wear clothes that provide good sun protection.
- Parents / guardians will be duly informed of the importance to provide Littleton Green Community School with appropriate sun hats and sunscreen as advised by the national skin cancer charity 'Skin'.

Drinking Water:

- Children are encouraged to increase their water intake in hot weather and are encouraged to drink water during outdoor play times.

Application of Sun Cream:

- Parents/ carers will be asked to apply their children with a daylong sun cream in the morning before the child arrives at school.
- Parents/ carers can also provide their child with an additional bottle of suntan lotion, which is clearly labelled with the child's name which the children can put on themselves.